Newsletter 28

Friday 11th April 2025

#### **1** 01926 339138

Admin2622@welearn365.com





















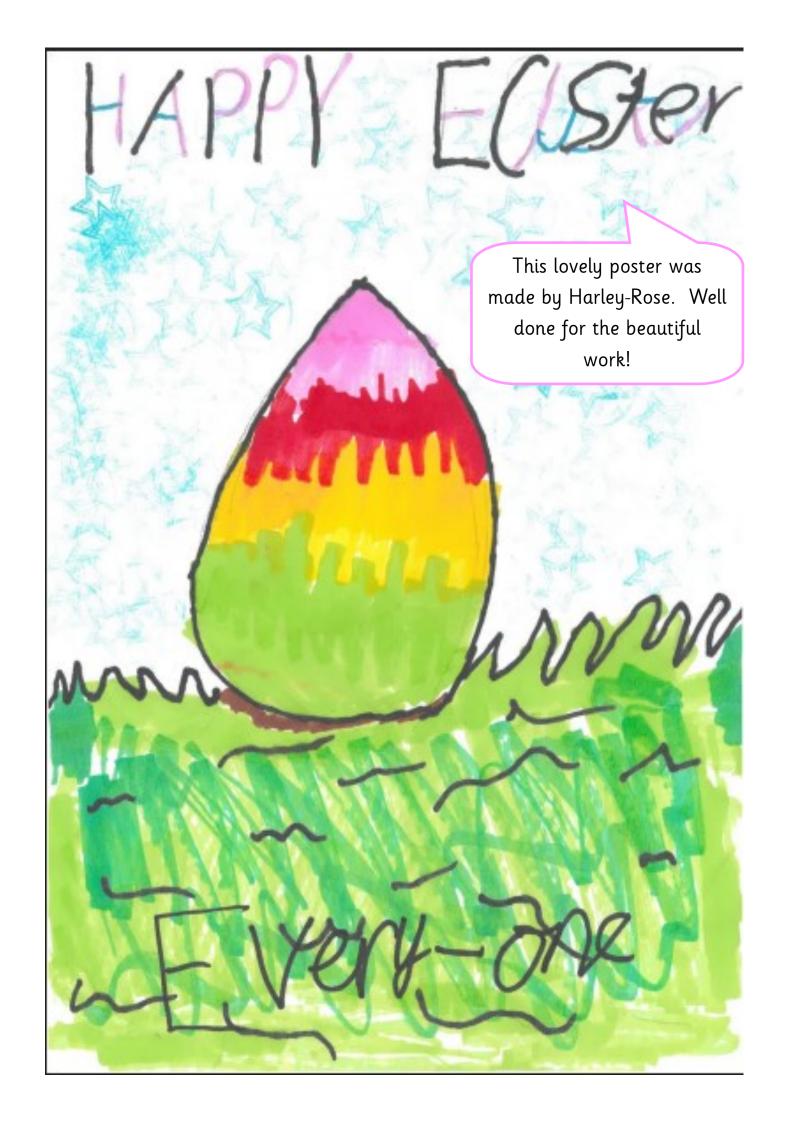
GOLD AWARD



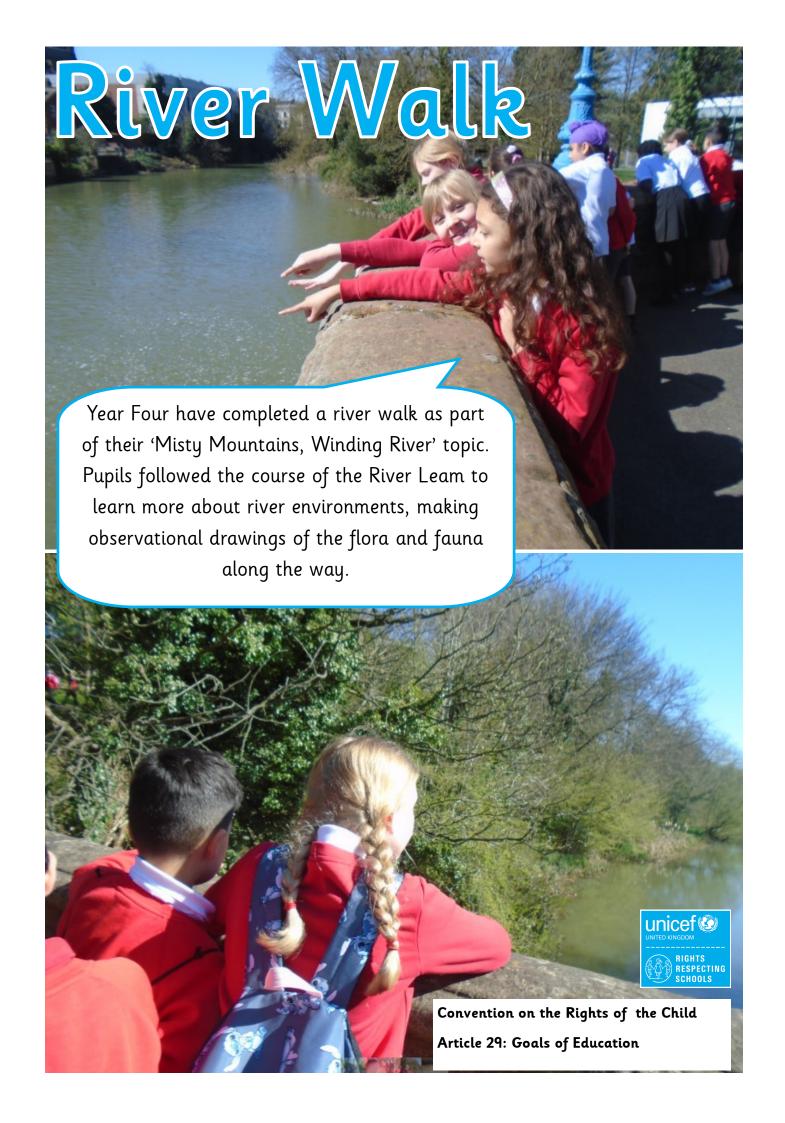




















Reception visited Tulley's tulip farm this week. The farm is set in the heart of the Warwickshire countryside and boasts 100 different types of tulip, laid out in rows to create a tapestry of colour. The children enjoyed exploring the tulip fields and sketching the flowers.







The wind was a gentle breeze— Beaufort Scale number 3

Year One have also been learning about the changing seasons in Science. This week they have measured wind speed using a wind sock and the Beaufort Scale.

The Beaufort scale works by observing the effect of wind on the surface of the water and land. It was developed by Sir Francis Beaufort in 1805. The scale ranges from Force O (calm) to Force 12 (hurricane.)

Convention on the Rights of the Child Article 29: Goals of Education





# Monster Mania

In Design Technology, Year Two have been creating fabulous, felt monsters. This links to the children's learning about properties of materials.

Pupils used felt, thread and needles to make their monsters, joining the materials with a running stitch. The children then personalised their creations

by adding features such as googly eyes and lips. They even gave their monsters names!



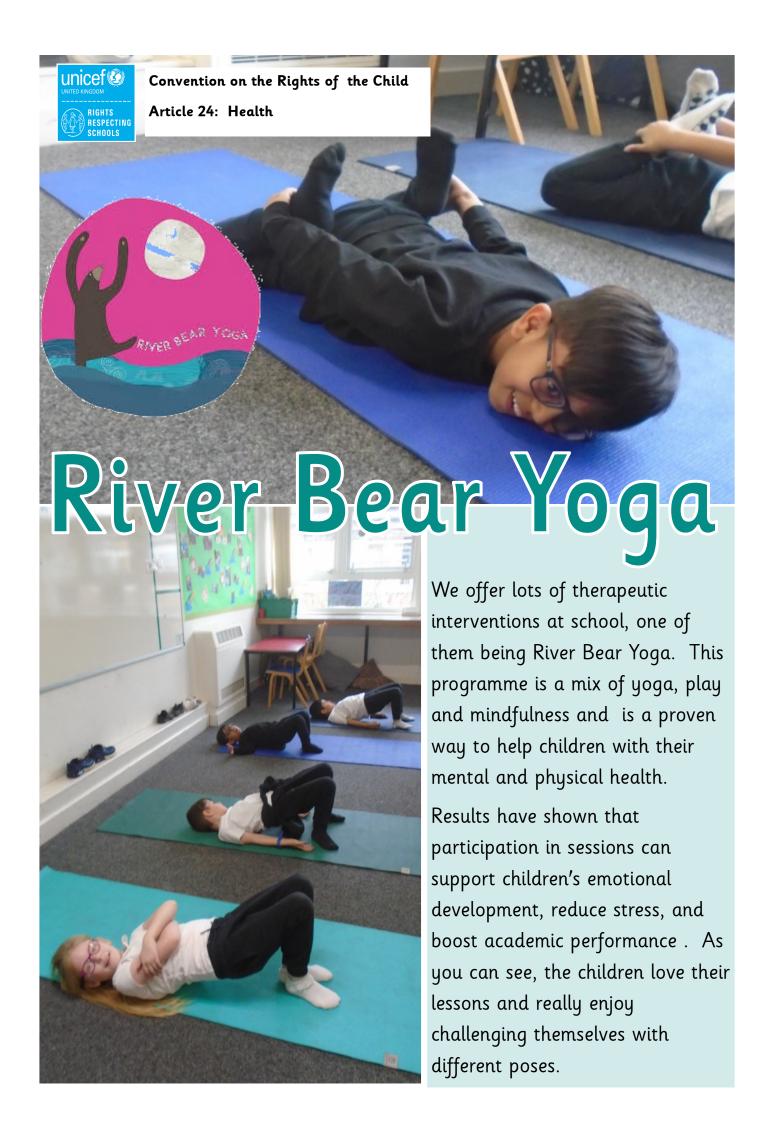
















# BHLC SEND SUPPORT at the Brunswick Hub!

Who are we and what can we help with?

Georgia and Laura run the SEND project.



- Form Filling such as DLA, PIP, Housing Applications, Medical Forms
- Emotional Support for parents and carers
- Signposting and referrals to other agencies such as counselling, carers support, groups and activities etc.
- Liaison with educational settings and support during meetings
- Early Help support and referrals
- School refusal, alternative provisions, EHCP support and advice

Support is offered via phone call, virtual meetings, email or face to face appointments



#### At the Hub:

- -17th April 10:00-12:00
- -15th May 10:00-12:00
- -19th June 10:00-12:00

A weekly group at Lillington Children's Centre from 13:00-14:30

(please note the we do not run the sessions at the children's centre during the school holidays) There is a lot we can do to help, please do not hesitate to get in touch and we can work with you to tailor support to what you require!

To contact us please email: Georgia.mansell@brunswickhlc.org.uk LauraMoy@brunswickhlc.org.uk

> Or call: 07923230579

#### Mens Tea & Talk

Do you want the opportunity to come and have a chat about things that may be bothering you, such as concerns about your mental health? Why not pop along to our new monthly mens group for a cuppa with our volunteer, Will?

We aim to create a friendly, supportive and low-pressure space for those that might be feeling a bit isolated or anxious.

Monthly, on a Wednesday, 5.30-6.30

Upcoming dates: 16th April 14th May

For more information, contact julieclamp@brunswickhlc.org.uk



Are you struggling with emotional eating-related issues?
Are you hiding your relationship with food from your loved ones?
Would you like to talk to like-minded people who may
understand and empathise with your struggles?

There is a meet up for anyone that is suffering with eaing disorders, from anorexia to binge-eating disorder and everything in between.

You do not need a diagnosis to be able to attend the meet ups.

The meetings will be **fortnightly on Thursdays** at **Brunswick Hub: 11.00-12.00pm** 

For more information, please email <u>ana\_draven@yahoo.com</u> with **DESG** in the subject line

# COMMUNITY



The bags usually include staples - onions, potatoes and carrots - each week and a mixed selection of produce that varies from week to week.

Items are bought in bulk to keep costs low and packed by Sydni's team of volunteers





...And you can order and collect from us here at Brunswick Hub.

This service <u>isn't</u> means tested like our foodbank services, it is available to <u>everyone</u> and can be used <u>every week</u>.

# FRUIT & VEG

How to use your bag of fruit and veg: With a variety of vegetables every week, there are lots of ways you could make the most of the bags contents...

Soups Tesco have some great ideas realfood.tesco.com/recipes/collections/soup-recipes.html

Salads There are lots of exciting ideas for salads at Olive Magazine -

www.olivemagazine.com/recipes/collection/salad-recipes/

Stir fries

Pasta dishes

Stews & Casseroles

Side Dishes You can find some great recipes for your veg on The Lean Green Bean www.theleangreenbean.com/easy-vegetable-recipes/

If you aren't sure what you fancy, BBC Good Food has recipe collections so you can browse depending on the veg you have! www.bbcgoodfood.com/recipes/categoru/vegetable-collections

We have a great adaptable frittata recipe on the back page for using a variety of different vegetables too!

Don't forget the fruit - Spring/Summer is a great time to enjoy smoothies, fruit salad and homemade ice lollies!

To order from us here at the Hub, just pop in before midday on a Tuesday to place an order & pay. Your order will then be available to collect on the Thursday afternoon.

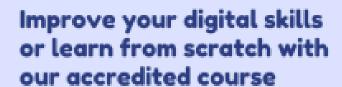




Only £7

#### **Brunswick Hub**

## DIGITAL SKILLS COURSE







Various dates available 10am - 2pm 1-day course with lunch provided

#### CONTACT

You must book a place via email: employmentprogramme@brunswickhlc.org.uk or phone: 01926 422123

#### Digital Drop-In

Every other Friday, 1-3pm

We also run a fortnightly <u>drop in</u>
Digital Support session for those
wanting some one off help with
online tasks!

#### **Upcoming dates:**

4<sup>th</sup> April 30<sup>th</sup> May 18<sup>th</sup> April 13<sup>th</sup> June 16<sup>th</sup> May 27<sup>th</sup> June



## SUPPORT FOR FAMILIES LIVING IN WARWICKSHIRE

The Family and Information Service has a wide range of information relating to children and young people aged 0-25, including: childcare, parenting courses, workshops, financial support, local services and so much more. Find out at:

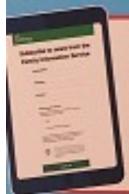


warwickshire.gov.uk/ childrenandfamilies

Scan me

FREEPHONE: 0800 408 1558

Email: fis@warwickshire.gov.uk



Stay up to date with the latest news to help your family at warwickshire.gov.uk/parentupdates





@WarwickshireFIS







#### Safequarding: Concerns About the Use of WhatsApp

WhatsApp is a messaging service for **those aged over 13**. More and more children are telling staff at school that they are using the app and have received unkind messages from other children. We are also aware that older children are

sharing videos and pictures of themselves via the app.



If you choose to give your child a phone, we strongly recommend that you think carefully about whether you allow them access to WhatsApp, especially because it is **NOT** designed for children of primary age. If you decide to ignore the age restriction, please regularly

### You're invited to join our

## Good Friday Activities Morning

CRAFTS - REFRESHMENTS - ACTIVITIES
SHORT RELAXED SERVICE
FOR FAMILIES
UNDER 11S MUST BE ACCOMPANIED
BY AN ADULT





Friday 18th April 10:30am-12pm St Mary's Church



### You can get help to buy, Fruit and Veg, Milk and Pulses, Formula Milk and Vitamins



Apply for your prepaid Healthy Start card now at: www.healthystart.nhs.uk



If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. We'll add your benefit onto this card every 4 weeks.

You can use your card to buy:

- plain liquid cow's milk
- fresh, frozen, and tinned fruit and vegetables
- fresh, dried, and tinned pulses
- infant formula milk based on cow's milk
   You can also use your card to collect:
- Healthy Start vitamins these support you during pregnancy and breastfeeding
- vitamin drops for babies and young children these are suitable from birth to 4 years old

https://www.healthystart.nhs.uk/





#### PLACES WHERE KIDS EAT FREE (OR FOR £1) EASTER HOLIDAYS 2025



moneysavingcentral.co.uk/kids-eat-free

#### **BURGER KING**

From Monday 7th - Sunday 20th April 2025, Kids Eat Free with every adult meal, via the app.

#### BILLS

Kids eat free Mondays - Fridays, from Monday 7th - Friday 25th April 2025.

#### **FARMHOUSE INNS**

2 kids eat FREE with one paying adult, Monday 7th - Friday 25th of April. Sign Up Required

#### TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

#### ZIZZI

Sunday 6th - Sunday 27th April 2025 kids eat free with every adult main. (excludes Saturdays)

#### CAFE EIGHTY NINE @ THE RANGE

Kids eat free Sat 5th April - Mon 21st April 2025

#### VO! SUSHI

Kids eat free all day (monday - friday) during all school holidays, when dining with an adult

#### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids eat for £1.

#### ASDA

Kids eat for £1 every, with no adult spend.

#### TRAVELODGE & PREMIER INN

2 kids eat for FREE with 1 adult breakfast

#### **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day

#### WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

#### **BEEFEATER & BREWERS FAYRE**

2 kids eat for FREE with 1 adult breakfast

#### IKEA

Kids get a meal from 95p daily from 11am

#### PREZZO

Kids receive a free, 3 course kids meal, everyday at Prezzo between 31st March - 27th April 2025

#### COCONUT TREE

One child (under 10) eats free every day, 12pm -6pm from Monday 7th - Sunday 27th April 2025

#### PIZZA HUT

Kids eat free buffet from Monday 7th - Sunday 27th April, after 3pm daily with a £10 spend

#### PRET

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

#### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

#### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Sun to Weds. All Day Thursdays

#### MORRISONS

Kids Eat FREE all day, every day with a £5 spend

#### LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

#### TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult!

#### **PAUSA CAFE @ DUNELM**

Kids eat FREE with every £4 spend after 3pm

#### **HUNGRY HORSE**

Kids eat for £1 on Mondays

#### THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

#### **SA BRAINS PUBS**

Kids eat for £1 on Wednesdays

#### **FUTURE INNS**

Under 5s eat for free with any adult meal.



Any young person aged 4 - 16 years old (in full-time education) who receives benefits-related free school meals can request a HAF code





The programme offers free support to families on lower incomes, giving eligible young people access to enriching activities and healthy meals during the main school holidays.



You can attend up to 4 sessions during Christmas and Easter and up to 16 sessions over Summer

The activities available include sports, animal care, performing arts and so much more!



Contact the Family Information Service for more information.

Call 0800 408 1558 Email fis@warwickshire.gov.uk



www.warwickshire.gov.uk/haf







RADFORD SEMELE

Eggstravaganza

## Sunday 6th April 10am - 4pm

for some egg-citing fun! Pick up your maps for £2.00 each from outside Radford Semele Baptist Church. Lewis Road, Radford Semele CV31 1U0

Follow the trail around the village enjoying some Easter themed games along the way! Find all the letters to make a word, and get a chocolate surprise! plus lots more fun and games....

> Please see our Facebook page for more information



## WARWICK FOOTBALL DEVELOPMENT

MYTON SCHOOL, MYTON ROAD, WARWICK, CV34 6PJ

### **Starting Thursday 1st May 2025**

PLAYERS CAN JOIN ANYTIME THROUGHOUT THE TERM

Follow us on 
@acsports\_footballdevelopment

Group 1	5.30pm - 6.30pm	Ages 4-6
Group 2	6.30pm - 7.30pm	Ages 7-8
Group 3	7.30pm - 8.30pm	Ages 9-12

These groups are a guideline and parents may select groups according to ability, size, brothers/sisters etc...

#### Dear Parents.

I am delighted to inform you that following the success of last terms course we are expanding the football coaching programme for the season. The new course will start on **Thursday 1st May** and **run on** a **weekly basis** for the duration of the school term (10-14 weeks).

All of our courses are run by F.A. Qualified and DBS (CRB) Police
Checked coaches. The course is open to both Boys and Girls aged
between 4 and 12. All abilities are catered for with total beginners
introduced through FUN and confidence building practices. The
course is tightly structured to ensure all aspects of football skills are
developed.

At the end of the course **every child** will receive an engraved merit **Trophy** and course **Certificate**, with chances to win extra trophies including Penalty Shoot out, American Shoot out and Champions League Competitions.

The cost of the course is £30 for 4 weeks (£7.50 per week), which covers the costs of all coaching, trophies and certificates. Payment is made every 4 weeks with the first payment due on week 1. Parents are welcome to stay and watch however the club is fully supervised so

children may be left in our care. We have full use of the FANTASTIC FACILITIES including a large indoor sports hall so trainers may be worn as the sessions will be held INDOORS.



TO BOOK A PLACE ON TO THE COURSE PLEASE TEXT WARWICK + CHILD'S NAME & AGE + GROUP NUMBER (1 or 2 or 3) and receive confirmation by text to

07837 653201



#### **Book on Eventbrite**





### **Table Tennis**

Tuesday 15th April Table Tennis 11am - 12 noon Ages 7+

Tuesday 22nd April Table Tennis 11am - 12 noon Ages 7+

#### **TUES 15 - THURS 24 APRIL**

All activities are £2 per child per session and parental supervision is required.

FOR MORE INFORMATION: 01926 422071



The SYDNE centre, Cott and Square, Sydenham, Lecturington Spe CV31 IPT

MINI FARM er Fee **MONDAY 21ST APRIL 10AM UNTIL 4PM** Parade, Royal Leamington KIDS Spa, Warwickshire, CV32 4BL RIDES 0















Tuesday 15th April Table Tennis 11am - 12 noon Ages 7+

Wednesday 16th April Baking with Adam 11am - 12 noon Ages 5+

Crafting with Trish 1 - 2pm Ages 4+

Thursday 17th April Baby & Toddler Sensory Room Session Ages Under 3

Chill & Play 12 noon - 1pm Ages 5+

Tuesday 22nd April Baby & Toddler Sensory Room Session Ages Under 3

Table Tennis 11am - 12 noon Ages 7+

Wednesday 23rd April Baking with Adam 11am - 12 noon Ages 5+

Crafting with Trish 1 - 2pm Ages 4+

Thursday 24th April Chill & Play 12 noon - 1pm Ages 5+



### Barnardo's Warwickshire Children and Family Centres

A coordination of services for families with children and young people aged 0-19 and up to age 25 with SEND



#### THURSDAY 17TH APRIL 10AM-2PM

Join us this Easter at
Lillington Children and Family Centre!

Drop in during the session for
a selection of Easter themed arts
and crafts that both children and parents
can enjoy!

Lillington Children and Family Centre

Mason Avenue

Lillington

Leamington Spa CV32 7QE

Tel: 01926 337506

Parents are required to stay with their children during the day.









### SAFELINE'S PARENT WORKSHOP

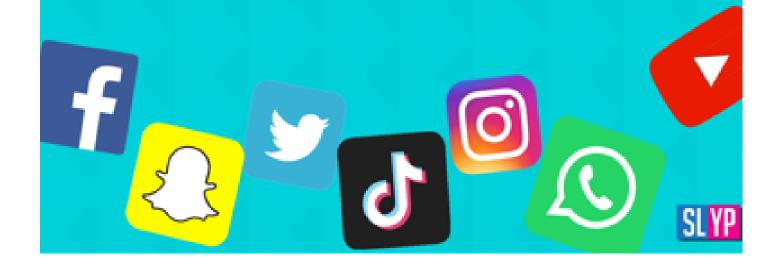
## HOW TO KEEP YOUR CHILD SAFE ONLINE!

Online Safety Workshop Wednesday 9<sup>th</sup> of April 2025 5-6pm

This workshop provides key knowledge around how social media/apps can be used safely and the risks/dangers of the online world.

If you would like to attend please confirm by emailing <a href="mailto:ramandeepd@safeline.org.uk">ramandeepd@safeline.org.uk</a> please include your child's school name

Please join by going into Zoom and putting in Meeting ID: 765 294 7590



## Easter Stay and Play

at St John the Evangelist Church on Saturday 5th April 2025 drop in between 2.00 and 4.00pm for families with pre-school and primary age children

Activities
Easter Garden Treasure Hunt
Decorate a biscuit
Make an Easter Card
Easter Story Time
and more

Refreshments

# EASTER FUNDAY

Join us at the Hub this Easter holidays for springtime activities and games

## TUESDAY 15TH APRIL | 12 TIL 2PM

BRUNSWICK HUB, 98-100 SHRUBLAND STREET, LEAMINGTON SPA, CV31 3BD

Free Food & Drink 💓 Kids Crafts

▼ Easter Tombola Bake Sale 
 Easter Games & Activities



## Diary Dates

School closed for Easter holiday

Monday 14th April—Friday 25th April

Pupils return to school on Monday 28th April

Please note that Monday 21st July is an INSET day and school will be closed.

Fussy Eaters workshop.	
Bank Holiday—school closed.	
Y4 trip to Think Tank	
Y1 visit to St John's Museum.	
Y2 RSC session.	
Y6 SAT's week.	
Monday: Grammar, Punctuation and Spelling.	
Tuesday: English Reading	
Wednesday: Maths—Arithmetic and Reasoning	
Thursday: Maths—Reasoning	
School photographer—class portraits.	
Firefighter visit, Year Five.	
Firefighter visit, Year One.	

School closed for the Whitsun holiday

Monday 26th—Friday 30th May

# Diary Dates





