unicef 🔮

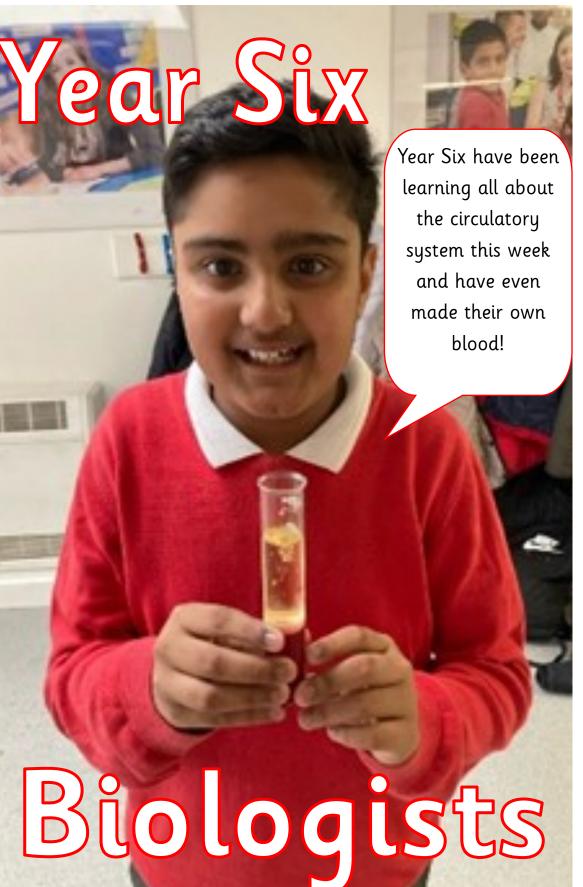
Sydenham Orimary School

Newsletter 24

Friday 7th March 2025

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Convention on the Rights of the Child Article 29: Goals of Education

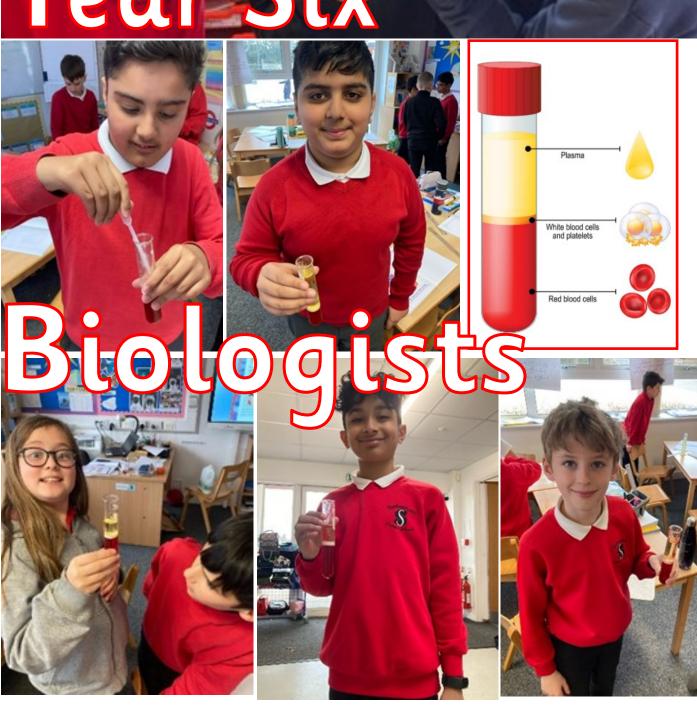




Pupils used oil, milk, syrup and red food colouring to represent the various component parts of the blood — red blood cells, white blood cells, plasma and platelets. The combined these ingredients in a test tube, using the correct proportions to simulate the blood which circulates our bodies.

















Year Three have been learning about the three main types of rock: sedimentary, metamorphic and igneous. To help the children's understanding of how each is formed, pupils used Starburst sweets!

The children applied pressure to the sweets by squeezing, using warm hands. The sweets begin to change shape and fuse together to form **metamorphic rock** 

To simulate the metamorphic rock being pushed deeper underground where it becomes molten magma, pupils heated the sweets until they became liquid. They were then allowed to cool. The result was a shiny substance made from crystallised sugar — very similar to the crystalline structure of **igneous rock!** 

### Year Three Rock Stars









Angel of God, my guardian dear,
To whom His love entrusts me here,
Ever this day (night) be at my side,
To light and guard,
To rule and guide.
Amen.

Year Two pupils have been learning the Roman Catholic teaching that every person has a guardian angel who protects them from physical and spiritual harm. The Guardian Angel Prayer is one of the most important prayers that Catholic children learn.

The children worked in groups to decipher the prayer. They decided that the prayer shows love and respect for the work that the guardian angel does on a person's behalf. It is expected that a guardian angel keeps you safe, prays for you, and helps you through tough times.

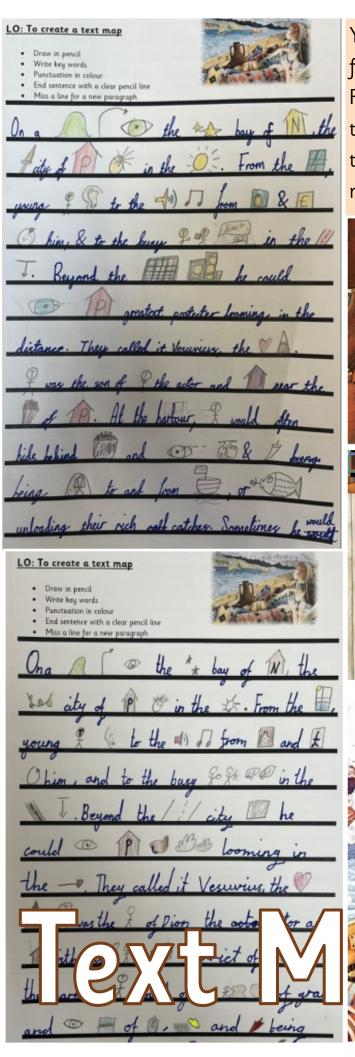
## Guardian Angels



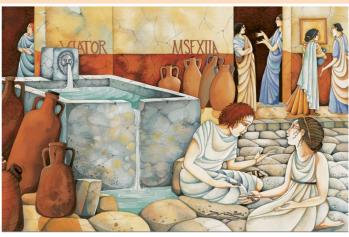
Convention on the Rights of the Child

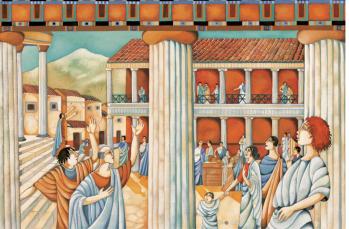
Article 14: Freedom of Thought, Belief and Religion.

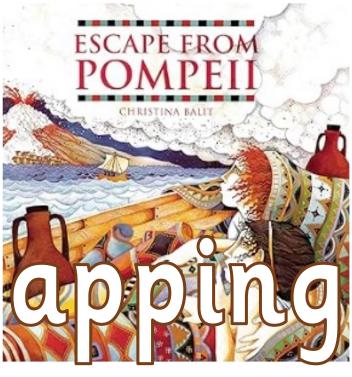
We are philosophers and theologians.



Year 4 have been creating text maps for their new model text, "Escape from Pompeii." The children created symbols to represent specific words/phrases in the story, so that it is easier to memorise.













This week, our enthusiastic Year 3 and 4 children rolled up their sleeves and got to work during their Forest School session, helping to regenerate our school allotment. From clearing weeds to turning soil, they embraced the challenge with energy and determination.

As part of their efforts to bring new life to the space, they also planted some beautiful hydrangeas, adding a splash of colour that we can all enjoy as they bloom. It was a fantastic hands-on learning experience, fostering teamwork, responsibility, and a deeper connection with nature. Well done, Year 3 and 4 — we can't wait to see the fruits of your labour grow.

## Forest School





Year Two enjoyed completing their maths investigation outdoors today.

The children were learning to measure length using standard, metric units and they took turns to throw a range of equipment from hoops to rugby balls. They then used metre sticks to measure the distance of equipment thrown

The furthest distance was a staggering 16m!

## Coastlines

Year Two also ended their Geography topic by making fantastic models of coastlines using recycled materials. The results showcased the things children have learnt throughout this unit of work.





# Library Winners

On Wednesday, four children from Starlings and Wagtails participated in an event at Lillington Library. They competed against other schools there, the challenge being to present a creative response to a story.

The children acted out the main parts from our World Book Day text, "Croc and Bird" by Alex Deacon. They emphasised the story's important message of no discrimination. They also participated in a book quiz—and won!



Convention on the Rights of the Child Article 29: Goals of Education



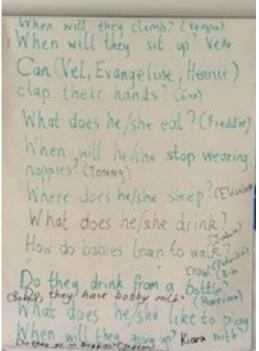
## School of Sanctwary

In assembly on Tuesday, we were visited by some special visitors including Nick from Child Friendly Warwickshire, Umar from the WCC Voice, Influence and Change team and Nikki who is one of our school governors.. They presented us with our School of Sanctuary Award, a great honour as we are the first Warwickshire school to receive this accolade.

Nick and the team congratulated us on offering a warm and inclusive environment at school which welcomes families from a plethora of different backgrounds.



Convention on the Rights of the Child Article 22: Refugee Children





## Growing and Changing

Reception pupils are learning about how we grow and change. This week, families with babies were invited into the classroom for a question and answer session.

The children thought of their own questions:

When will they sit up?

What does he/she eat?

How do babies learn to walk?

What does he/she like to play?

When will they climb?

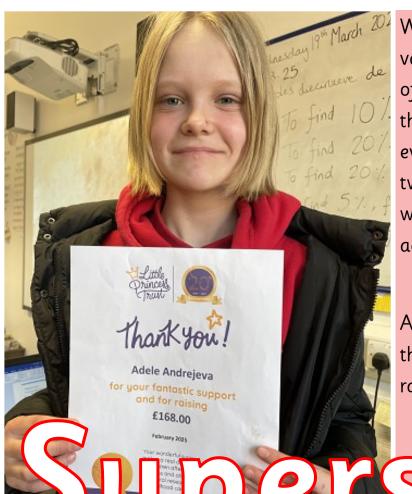
Can they clap their hands?

When will they stop wearing nappies?



Convention on the Rights of the Child

Article 29: Goals of Education



We know that our children lead varied and interesting lives outside of school and love hearing about the many, exciting activities that everyone gets up to. Here are two of our Sydenham Superstars with news of their special achievements out of school.

Adele has cut her hair in aid of the Little Princess Trust. She raised an amazing £168!

Superstars



Convention on the Rights of the Child Article 14: Freedom of Association And here is
Nicole, showing
off her Irish
dancing skills
for St Patrick's
Day.

Nicole also scored her fifth goal in three football matches! She is the captain of her team and a true leader.





"Every day may not be good, but there is something good in every day." - Alice Morse Earle.

Positivity means focusing on the good things in life, even when things get tough. It's about thinking and acting in a way that makes you feel happy and hopeful. Being positive can help you feel better, solve problems, and have a more joyful life.

#### Our tips for practising positivity:

- Focus on the good Look for the positive in every situation. Every day, there is always something positive.
- Use positive words Try saying things like "I can do this" or "I'll keep trying and I will get there".
- Be kind to yourself Don't be too hard on yourself. Try to remind yourself that you are trying
  your best. Celebrate any small successes!
- Practise gratitude Think about three things that you are thankful for each day. It could be something as simple as a sunny day or a friend saying something nice to you.
- Spend time with positive people.
- Find something you enjoy Whether it is a hobby, sport, quality time with friends and family, or watching your favourite TV programme, doing something you love can bring you joy.
- Try using positive affirmations Tell yourself one positive thing every day, like "I am enough" or "I am trying my best".
- Help others Helping someone else, even in a small way, can make you feel good about yourself too.
- Keep a positive journal Write down things that you are proud of or moments that made you smile

#### Positivity makes a big difference!

When you practise positivity, you start seeing the world in a brighter way. You can face challenges with confidence and believe in yourself.

Positivity is also contagious — when you're positive, you inspire others to be positive too!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

> MHST are available to support you and your school throughout the school year including term time and school holidays.

> > Please contact your school's Mental Health Lead for information and advice.



#### Moving up

www.inourplace.co.uk/moving-up

#### Resources to Support Transition to a New School

Moving up to a new school is a big change for children and parents or caregivers. It's a new stage of growing independence and separation. fears and worries are a normal part of this transition. As parents, your role is to help children cope with and overcome their fears, to nurture them to feel brave and capable.

New resources created by psychologists and Balsall Common Primary school are now available at <a href="https://www.inourplace.co.uk/moving-up">www.inourplace.co.uk/moving-up</a> to promote connected relationships between parents and children as they navigate changes from nursery to primary and primary to secondary. These resources are free and aim to help children thrive in their new school environment



For parents of children moving up to a new school Moving up

#### PRACTICAL ADVICE FOR KEEPING CHILDREN SAFE

- Talk to children and babies about feeling safe and keeping safe. It's never too early to start.
- Always give children the reason for any decisions you have made – it helps them to understand 'why?' ...'Because I say so' is not a good enough reason!
- Help to build your child's confidence and self esteem. Praise them often. People who choose to bully or who are dangerous to children will often pick out less confident children or those who spend time or go out alone.
- Listen to your children, especially when they are trying to tell you about things that worry them. Let children know that you will always take them seriously and do whatever you can to keep them safe.
- 5 Let children know they never have to do anything they don't like with an adult or another child - even if it is someone they know. Practise this at home by never making them kiss or hug an adult if they don't want to.
- Teach children to trust their own 'Early Warning Signs' or 'gut feelings' about people and situations.
- As soon as children are able to understand, teach them their full name, address and phone number. Practise these with them until you are sure they can remember.
- In most situations, children under about eight years old shouldn't be out alone. Even when out playing with older children, they need to be kept in the care and sight of an adult or a much older child who is mature and trustworthy.
- Never leave young children in unsupervised play areas in shops or parks. Don't leave them alone in the car or outside a shop, not even for a few minutes.

- If you are in a crowded place, keep children in a pram or buggy, hold hands tightly or use reins.Don't walk ahead of small children who can't keep up. Remember it only takes a moment for toddlers to wander off.
- You can start teaching children simple rules about personal safety from as young as two or three.

  Tell them clearly that they must never go off with anyone, not even with someone they know, without first asking you or the adult looking after them.
- Teach older children safe ways of crossing roads, going shopping and asking adults for directions and let them practise these with you until you are sure they have understood. Help children decide who would be the safest adults to talk to if they need help or get lost (e.g. Police officer, shop-keeper, someone with a young child).
- When children are mature enough to be out alone, make sure they tell you: Who they are going out with, Where they are going (and how to contact them), When they will be back.
- In busy public places arrange somewhere to meet in case you get separated, like an information desk or specific shop/bank.
- 13 Keep electronic devices and televisions in public areas of your home, not in children's bedrooms. Monitor what your children are watching & looking at. Encourage children to talk with you if they feel uncomfortable about anything they come across.
- There is no law that states the minimum age that a child can be left alone. However, it is an offence to leave a child alone when doing so puts him or her at risk. Never leave a baby or young child alone at home, whether asleep or awake. Most children under thirteen should not be left for more than a very short period and no child under sixteen should be left overnight.

No matter how much you teach your child about safety, remember the limits of their age and maturity.









# EASTER FUNDAY

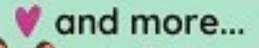
Join us at the Hub this Easter holidays for springtime activities and games

#### TUESDAY 15TH APRIL | 12 TIL 2PM

BRUNSWICK HUB, 98-100 SHRUBLAND STREET, LEAMINGTON SPA, CV31 3BD

Free Food & Drink 💗 Kids Crafts

▼ Easter Tombola ♥ Bake Sale ♥
Easter Games & Activities





We are once again asking for donations of Easter eggs and other Easter treats for use as part of our foodbank service and on our Easter Fun Day.

We can accept donations from 17th March - 11th April. Please pop them in to us here at

> BRUNSWICK HUB, 98-100 SHRUBLAND STREET, LEAMINGTON SPA, CV31 3BD







#### SAFELINE'S PARENT WORKSHOP

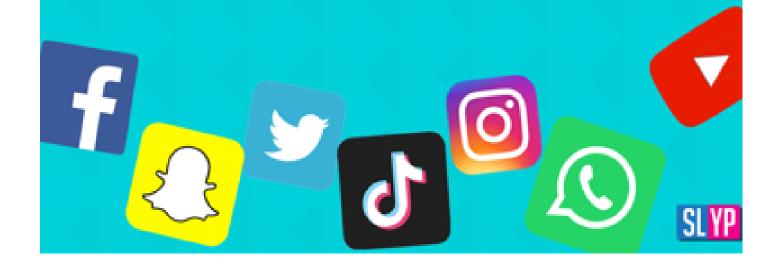
#### HOW TO KEEP YOUR CHILD SAFE ONLINE!

Online Safety Workshop Wednesday 9<sup>th</sup> of April 2025 5-6pm

This workshop provides key knowledge around how social media/apps can be used safely and the risks/dangers of the online world.

If you would like to attend please confirm by emailing <u>ramandeepd@safeline.org.uk</u> please include your child's school name

Please join by going into Zoom and putting in Meeting ID: 765 294 7590



## Diary Dates

Tuesday 25th March	Y6 Easter visit to St Mary's church.
Wednesday 26th March	Y6 netball tournament at Kingsley School (10 pupils.)
Thursday 27th Mrch	Y3 visit to Coventry Cathedral.
Friday 28th March	Y4 river walk.
Friday 28th March	MUFTI (non-uniform) Day. If you wear your own choice of clothes, please donate via ParentPay.
Friday 31st March	Rock Steady concert at 2.15pm— new date.
Wednesday 2nd April	Y2 Wrens class assembly 9.15am.
Thursday 3rd April	YR Writing workshop for parents/carers at 2.30pm.
Thursday 3rd April	Y2 visit to The Sealife Centre.
Thursday 3rd April	Writing workshop for YR parents/carers.
Thursday 3rd April	Y4 Starlings assembly—new date.
Monday 7th April	Y5 Greeks Day.
Monday 7th April	YR trip to tulip fields.

School closed for Easter holiday

Monday 14th April—Friday 25th April

Pupils return to school on Monday 28th April

Please note that Monday 21st July is an INSET day and school will be closed.

# Diary Dates

Sydenham Superstars



